

DL ROOPE

A Prometric Company



Candidate Handbook
WASHINGTON
COMBINED ESTHETICIAN

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WASHINGTON COMBINED ESTHETICIAN CANDIDATE HANDBOOK

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The NIC Blood Exposure Procedures are published on NIC's website at WWW.NICTesting.org.

Included with this handbook are the NIC Candidate Information Bulletins (CIBs) that includes the examination sections administered in Washington. The Combined Esthetician practical exam includes ALL sections of the Esthetician practical examination and ALL sections of the Advanced Esthetician practical examination. You may take each exam on separate dates and times or you may schedule all three

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on the same day with a break in between. Please select your choice in the scheduling portal. The Combined Esthetician written exam consists of questions from the Esthetician and Advanced Esthetician examinations that is taken at one examination time.

NIC Esthetician Practical CIBNIC pages #1 - 17

NIC Advanced Esthetician Practical CIBNIC pages #1 - 17

The NIC Written CIB is available on our website at www.DLRoope.com.

DL ROOPE ADMINISTRATIONS CONTACT INFORMATION

To request examination information you may write, phone or visit us at our website:

DL Roope Administrations Inc. – A Prometric Company

4400 140th Avenue North, Suite 230

Clearwater, FL 22762

WAsupport@prometric.com

Toll Free 1-888-375-2020

www.DLRoope.com

ELIGIBILITY REQUIREMENTS

Eligibility requirements for the licensure examinations are set by the Washington State Department of Licensing (Department). D.L. Roope Administrations Inc. – A Prometric Company is contracted by the Department to administer the National Interstate Council of State Boards of Cosmetology (NIC) examinations. All questions regarding eligibility for licensure must be directed to the department's office, you may visit the Department's website at:

<http://www.dol.wa.gov/business/cosmetology/>

or contact the Department's office at Phone: 1-360-664-6626 or Email: dolcosmo@dol.wa.gov.

You must be at least 17 years of age and within 100 hours of completing the program to apply for the written and practical examinations. Training hours must be completed and submitted to the WA DOL by your school.

WASHINGTON SCHOOL CANDIDATE AND APPRENTICE INFORMATION

For eligibility information or how to apply for your license in the State of Washington, please go to:

<https://www.dol.wa.gov/professional-licenses/cosmetology/get-your-license-cosmetology>.

Once you have been approved by the WA DOL, the DOL will send you an authorization to complete your application to test and pay your exam fees on the DL Roope website at www.DLRoope.com. You will not be able to complete the DL Roope online application to test until you have been approved by the DOL.

Receiving a passing score on the examination does not guarantee licensure. All requirements for licensure must be met as set forth by the Department before a license will be issued.

AMERICANS WITH DISABILITIES ACT (ADA) INFORMATION

Standard testing conditions may represent an artificial barrier to candidates with disabilities. Candidates may request accommodations that will be evaluated on the basis of the Americans with Disabilities Act. You may contact D.L. Roope Administrations or your school to request information and the appropriate forms (Form A, B & C). Form A must be completed by the candidate. Form B must be completed by a physician, or you may attach previous medical documentation for review (e.g. IEP, PET etc.). Form C must be completed by a school official indicating accommodations provided during testing while in school for this profession.

Candidates requiring ADA accommodations will confirm they are an ADA applicant during the examination application process on the DL Roope website. When the application is submitted, the DL Roope team will review the application and if complete, the applicant will be emailed the required ADA forms. Once the ADA forms are submitted by the applicant and approved by DL Roope, applicants will receive notification and specific instructions to schedule their exams.

EXAM APPLICATION INFORMATION

Once you are approved by the WA DOL, the exam applications are available on our website at www.DLRoope.com. In order to gain access to the online application, you must be approved by the DOL. If you are not approved to take the exams, you will not be able to log in to the online application.

IMPORTANT!

Your **first** and **last** name (including multiple first or last names) must be entered on your application **EXACTLY** as it appears on the **Government Issued ID you will be bringing with you on the day of your exam(s)**.

The name you enter on your online application at www.DLRoope.com will be the name listed on your admission letter. You will not be permitted to test if there is a discrepancy with your first or last name, and a refund will not be given.

If you have multiple first names, last names, or hyphenated names on your government issued ID, **all names must also be included on your application, EXACTLY as listed on your government issued ID.**

Example:

- If your first name is Susan Ann on your government issued ID, you must include both names on your application.
- If your last name is Jones-Smith, you must include both names on your application.

IMPORTANT NOTE: You will not be permitted to test if there is a discrepancy with your name and a refund will not be given. If your name has changed or is different than indicated on your admission letter, you must submit legal documentation showing your previous name and current name (marriage license, divorce decree, court order, or notarized affidavit) to **WAsupport@prometric.com** at least 10 calendar days PRIOR to your scheduled examination. Our office will verify the changes and send an updated admission letter.

Once you complete the application and payment, your online application is transferred to our system. Our staff reviews your application for completeness, and if it is complete, you will be sent an e-mail letting you know that you are approved, along with instructions to log into the scheduling portal and schedule your examinations on a date and at a location that is convenient for you.

If your application is not approved, our staff will contact you by phone or e-mail regarding the deficiencies in your application.

WASHINGTON EXAM FEES

Exam fees may be paid with any debit or credit card through a secure payment processing service. There is a credit card processing fee of \$8.00 per examination.

Examination fees are as follows:

Barber, Cosmetologist, Esthetician, Hair Design, Advanced Esthetician, Nail Technician (Manicurist) & Instructor:

- Practical Exam Fee ~ \$114.00
- Written Exam Fee ~ \$180.00

Combined Esthetician (MUST TAKE BOTH COMPLETE PRACTICAL EXAMINATIONS):

- Practical Exam Fee ~ \$228.00 **(Includes both Esthetician and Advanced Esthetician Exams)**
- Written Exam Fee Combined ~ \$270.00 **(Includes Esthetician and Advanced Esthetician)**

Note: If you would like to pay for only one exam at a time, please select “I need to retake my exam.” Once you click next, you can choose which exam you want to pay for, even though it is not a retake.

EXAM LANGUAGES

The practical examination is only offered in English. The written examination is offered in additional languages, you will select the language preference for your written examination when you apply for the examination. If you prefer your written examination in a language other than

those that are currently offered, submit your request for use of a dictionary during your examination to csap@dol.wa.gov. Requests must be made and approved prior to scheduling your written examination. You will be notified of the result of your request.

EXAMINATION SCHEDULING PROCEDURES

Our online system is available 24 hours a day, 7 days a week to schedule your examinations at a test location on a date and time that is convenient for you. Our online scheduling system is very user friendly, but if telephone assistance is needed you may call and speak with a telephone support specialist to be scheduled. Please see the following steps to schedule your exams:

1. Once your application to take your exams has been approved, you will receive an approval to test email from the DL Roope office. Your approval will be transmitted to the online scheduling portal at the end of each business day, and you will receive another email from “SMT Notice” at registrations@isoqualitytesting.com. The letter will provide you with instructions to go online to schedule your exam using your assigned candidate number and secure password. **If you do not receive an email within 1 business day, please check your SPAM or JUNK folder before contacting our office.**
2. Prior to scheduling your exam, confirm your first and last name (including multiple first or last names) on your approval letter matches exactly to the government issued ID you will be presenting on your exam date. If your name does not match, please email our office at WAsupport@Prometric.com with a copy of your ID to make changes to your registration PRIOR to scheduling your exam. You will not be permitted to test if there is a discrepancy with your name, and a refund will not be given. Please see the “Exam Application Information” section of this manual for specific ID and name requirements.
3. You may schedule the practical and written examination on the same day at our Fife, Spokane, or Yakima test locations. The practical examination should be scheduled first by selecting “NIC WA Practical” from the drop-down box and then select the location, date, and time.
4. **If you are scheduling your practical and written exam on the same day, before scheduling your written exam** please refer to the section titled “EXAMINATION SECTIONS” in this handbook for the amount of time needed to complete the practical exam. You will need to make sure you allow enough time to complete the practical exam before the scheduled written exam time. The written may then be scheduled by selecting “NIC WA Theory” from the drop-down box, and then select the same location, date, and exam time.

Please note, D.L. Roope sets up examination spaces in the online system to enable you to log in and schedule your examinations. The following are the Washington test locations:

Written only test locations:

IQT Site - Vancouver Theory NIC Washington
IQT/DL Roope Administrations - Washington - Fife Test Facility
IQT Site - Olympia Theory NIC Washington
IQT Site - Pasco Theory NIC Washington

IQT/DL Roope Administrations - Washington - Spokane Test Facility
IQT/DL Roope Administrations - Washington - Yakima - Prometric Testing Facility
Seattle - Mountlake Terrace
Spokane - W. Sunset Hwy.

Written and Practical test locations:

IQT/DL Roope Administrations - Washington - Fife Test Facility
IQT/DL Roope Administrations - Washington - Spokane Test Facility
IQT/DL Roope Administrations - Washington - Yakima - Prometric Testing Facility

It is recommended that you schedule your examinations by clicking on the scheduling link in your approval e-mail. You will be able to log into our user-friendly scheduling portal using your assigned candidate number and secure password, located on the letter emailed from SMT Notice at registrations@isoqualitytesting.com. The link on the approval letter will take you into the scheduling portal, or you may schedule by calling and speaking with a telephone support specialist. **If you do not receive an email from “SMT Notice” at registrations@isoqualitytesting.com, please check your SPAM or JUNK folder before contacting our office.**

The scheduling portal shows your approved examination(s) and provides the location that is closest to your zip code, or you may select another Washington test site if desired. The scheduling portal shows all available seats on the schedule. You will select the date and time of your preference from a drop-down menu. Once selected, all details of the selected exam date, time and location appear on the screen, and you will be required to confirm all details and click to submit.

You must print your admission letter, and you will also receive an e-mail confirming your scheduled examination. If you do not have access to a printer, you may request a copy of your admission letter be mailed to you. A printed admission letter must be presented on the day of the exam. Electronic copies are not permitted.

EXAMINATION FEE POLICY

Examination fees are not refundable or transferable and will be applied to the scheduled examination. Examination fees are valid for 6 months from date of receipt. Your examination date must be prior to the 6-month expiration of your examination fee. Please allow time in the event it is necessary to reschedule your exam due to an emergency situation, weather, etc.

If you do not attend your scheduled examination, cannot be admitted, or if you arrive late, your examination fee will be forfeited. To be rescheduled you must submit a rescheduling application and another examination fee.

If you are unable to attend your scheduled examination due to an emergency situation, you must provide written documentation. The following situations may be considered for rescheduling:

- You are in a car accident on the way to the examination - documentation from a law enforcement officer is required.
- Military deployment - documentation from the military is required.
- You have a medical emergency - documentation from a medical professional is required.
- A death in your immediate family – a copy of the obituary indicating your relation or a letter from the funeral home stating your relation to the deceased.

Documentation must be emailed to smt-operationsteam@prometric.com within 10 days after your scheduled examination for review. If approved, you will be notified and permitted to reschedule your examination. Examinations may be rescheduled one time only due to a documented and approved emergency situation.

IDENTIFICATION INFORMATION

You must present one (1) form of identification, which must be government issued and must include a current photo and signature.

THE FOLLOWING ARE ACCEPTED AS IDENTIFICATION:

Original Identification with Photo – MUST BE CURRENT (Not Expired):

- U.S. or Foreign Driver’s License – valid with photo and signature
- U.S. Armed Services ID Card – valid with photo and signature
- U.S. or Foreign Passport – valid with photo and signature
- Federal or State Employee ID Card – valid with photo and signature
- State issued ID Card with photo – valid with photo and signature
- Immigration ID – valid, with signature from the U.S. Citizenship and Immigration Service
- U.S. Certificate of Citizenship or Naturalization – valid with photo and signature
- U.S. Permanent Resident Card – valid with photo and signature
- Tribal ID card - valid with photo and signature

THE FOLLOWING ARE NOT ACCEPTED AS IDENTIFICATION:

School ID	Birth Certificate
Laminated Identification	Birth Registration Card
Gun Permit	Jury Summons
Car Insurance Card	DSHS ID letter or card
Picture of ID	Voter’s Card
Photocopies of ID	Credit Cards (e.g. MasterCard, Visa etc.)
Bus Passes	Club Cards (e.g. Costco, Sam’s Club etc.)
Vehicle Registration	Social Security Card or receipt of replacement card
Medicare Card	Medical Marijuana Card

Candidates will not be admitted without the required documents. Walk-in candidates will not be admitted.

The **first** and **last** name (including multiple first or last names) submitted as you entered it on the application at DLRoope.com will be indicated on your admission letter. Please verify that your name, address, photo identification number and date of birth are correct on your admission letter **PRIOR** to your scheduled examination. You will not be permitted to test if there is a discrepancy with your first or last name, and a refund will not be given.

If your name has changed or does not match exactly with your Identification and your admission letter, you must submit legal documentation showing your previous name and current name (marriage license, divorce decree, court order, or notarized affidavit) to WAsupport@prometric.com at least 10 calendar days **PRIOR** to your scheduled examination. Our office will verify the changes and send an updated admission letter.

ADMISSION TO THE EXAMINATION INFORMATION

Exam admission letters will be generated when you schedule your examination in our scheduling portal. This letter will confirm the scheduled examination. It will also include the date, time, location, and directions for your examination.

If your name has changed or is different than indicated on your admission letter, you must submit legal documentation showing your previous name and current name (marriage license, divorce decree, court order, or notarized affidavit) to WAsupport@prometric.com at least 10 calendar days **PRIOR** to your scheduled examination. Our office will verify the changes and send an updated admission letter.

- Registration begins 30 minutes prior to the scheduled examination time.
- It is your responsibility to report to the examination facility 30 minutes prior to your exam start time to allow for the check-in and identification process. For practical exams, the exam coordinator will open the door when it is time to begin registration.
- **The examination will begin promptly at the time listed on your admission letter.** For Practical exams, please **DO NOT** knock on the door if it is closed.
- Late candidates will **NOT** be permitted and will be required to re-apply and re-pay the examination fee. Please allow for unexpected delays on your way to the testing facility. Walk-in candidates are not permitted.

TESTING SITE VISITOR POLICY

NO VISITORS WILL BE ALLOWED AT THE TESTING SITE. Candidates are not allowed visitors or to receive messages during the exam.

People that are not scheduled for an examination are not permitted inside of the building where the exams are administered. If another person (parent, spouse, teacher etc.) is bringing you to

your exam, you must be dropped off and they can return to pick you up. The approximate amount of time for each exam is indicated in this handbook in the section titled "EXAMINATION SECTIONS" or on the written CIB. Your driver should wait in their vehicle until you are done and have exited the building.

PROFESSIONAL ATTIRE & CONDUCT INFORMATION

Candidates must arrive in neat, clean, **professional** attire. Uniforms are not required. For confidentiality reasons, please cover all identifying marks on your attire or kit. (e.g. your name, school, or salon name).

In consideration of other candidates in the examination room, please refrain from wearing perfume or cologne.

WAC 308-20-121

- (1) Applicants will be required to refrain from:
 - (a) Talking to other examinees during the examination unless specifically directed or permitted to do so by a test monitor.
 - (b) Attempting to communicate or record any information by any means.
 - (c) Holding in their possession any unauthorized materials during any portion of the examination.
 - (d) Removing test materials and/or notes from the testing room.
 - (e) Disruptive behavior as determined by the department.
- (2) Applicants who participate in any activity listed in subsection (1) of this section will be required to leave the examination site. Their opportunity to sit for the examination will be forfeited. Their answer sheet will be voided. A voided answer sheet will not be scored, and the examination fee will not be refunded.
- (3) Any applicant who was removed from the testing site for any of the reasons listed in subsection (1) of this section will be denied for testing for one year.

KIT & SUPPLY INFORMATION

Candidates are responsible for bringing all needed supplies for their examination and cannot borrow or use anything that they did not bring with them. A suggested supply list is included in the NIC Candidate Information Bulletin (CIB) that is included with this handbook.

Recommended kit size is no larger than 30" x 30". For safety reasons all kits, trash bags, etc. must be able to fit completely under your work area.

A flat bottom bag (grocery bag, gift bag, etc.) may be used for "items to be disinfected, soiled linens and trash" and placed on the floor, under the station and clearly labeled. The bags or containers on the floor may be open during the examination so that the candidates can drop items as appropriate into each bag. Bags or containers **MUST** be kept under the work area and cannot be placed in the walking areas. If placing a container with "Items to be Disinfected" on the work area,

it **MUST** have a cover.

Candidates are not permitted to use aerosol products at any time during the examinations. All disinfectants, sanitizers and products **MUST** be non-aerosol.

Candidates may bring a container of water if needed for any section of the examination and may bring a thermos of hot water if desired. All water and their containers must be taken with the candidates and may not be disposed of at the testing facility.

EPA registered disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be used. **DISINFECTANT SPRAYS ARE NO LONGER ALLOWED IN THE TESTING ENVIRONMENT.**

- Simulated products are not allowed for disinfectants and hand sanitizers.
- **NO AEROSOLS OR DISINFECTANT SPRAYS** are allowed in the testing environment.
- Candidates **MUST** wear gloves when using disinfectant.
- Candidates are not allowed to label products as single-use items.

PROHIBITED ITEMS – NOT ALLOWED

Due to exam security reasons, the following items are **NOT** permitted: No electronic devices, cellular phones, cameras, textbooks, study materials, watches, purses, car keys, fobs etc. These items should be left at home, locked in the lockers provided at the test site or locked in your vehicle during the examinations. Cell phones or any electronic device cannot be in the exam room even if it is turned off. **If it is discovered that you have a cell phone in the exam room once the exam has started, you will be immediately dismissed from the exam and your actions will be reported to the proper authorities.**

You may bring one transparent plastic zip lock bag with the following items into the examination rooms: Photo identification, admission letter, medication & personal hygiene items. You will be instructed to place your zip lock bag under our work area, and it may not be touched during the examination. If you have medication that you may need during the examination, please raise your hand and a proctor will assist you.

Due to safety issues during the examinations, tripods may **NOT** be used during the Cosmetology, Hair Design, Barbering or Esthetics practical examinations. Candidates may only use mannequin stands that attach to the workstation. Instructors may use a tripod during their Theory Lecture or Demonstration as this does not cause a safety issue.

MANNEQUIN INFORMATION

Candidates must bring one mannequin head for the practical examination and a table clamp. No more than two mannequin heads will be allowed into the examination. **Models will NOT be permitted.**

Mannequin heads must be approved by the examination provider prior to admittance into examination.

Advanced Practice Esthetics practical examination mannequins are required to have a décolletage.

REFERENCES

Examination textbook references are available on the NIC website at www.NICTesting.org.

EXAMINATION SECTIONS

The Combined Esthetician examination consists of 3 sections.

- 1. National NIC Combined Esthetician Written Examination**
The time allotment for this examination is 180 minutes.
- 2. National NIC Esthetician Practical Examination**
The duration of this examination is approximately 3 hours.
- 3. National NIC Advanced Esthetician Practical Examination**
The duration of this examination is approximately 3 hours.

Included with this handbook are the NIC Candidate Information Bulletins (CIBs) that includes the examination sections administered in Washington. The Combined Esthetician practical exam includes ALL sections of the Esthetician practical examination and ALL sections of the Advanced Esthetician practical examination. You may take each exam on separate dates and times or you may schedule all three on the same day with a break in between. Please select your choice in the scheduling portal. The Combined Esthetician written exam consists of questions from the Esthetician and Advanced Esthetician examinations that is taken at one examination time.

NIC offers a “Combined Esthetician” written examination that includes questions for Esthetician and Advanced Esthetician that may be taken in lieu of taking both written examinations.

ESTHETICIAN PRACTICAL EXAMINATION SECTIONS

The examination sections of the NIC Esthetician practical examination are outlined in the NIC Candidate Information Bulletin (CIB) that is included with this handbook. The duration of this examination is approximately 3 hours.

The Washington practical exam consists of the following sections as indicated in BOLD and CAPS:

- 1. WORK AREA AND CLIENT PREPARATION AND SET UP OF SUPPLIES (FIRST CLIENT)**
- 2. CLIENT PREPARATION AND BASIC FACIAL**

- 3. WORK AREA AND CLIENT PREPARATION AND SET UP OF SUPPLIES (SECOND CLIENT)**
- 4. NEW CLIENT PREPARATION AND HAIR REMOVAL OF THE EYEBROWS USING SIMULATED SOFT WAX AND TWEEZING**
- 5. FACIAL MAKEUP**
- 6. BLOOD EXPOSURE PROCEDURE**
- 7. PARTICLE MICRODERMABRASION ON THE FOREHEAD**
- 8. EYELASH ENHANCEMENT**

This practical examination is demonstrated on mannequins, models are **NOT** permitted. Please refer to the mannequin information section of this Candidate Handbook for the requirements in your state.

ADVANCED ESTHETICS PRACTICAL EXAMINATION SECTIONS

The examination sections of the NIC Advanced Esthetician practical examination are outlined in the NIC Candidate Information Bulletin (CIB) that is included with this handbook. The duration of this examination is approximately 3 hours.

The Washington practical exam consists of the following sections as indicated in BOLD and CAPS:

- 1. WORK AREA AND CLIENT PREPARATION, AND SET UP OF SUPPLIES**
- 2. CLEANSING THE FACE WITH PRODUCT**
- 3. MANUAL LYMPHATIC DRAINAGE**
- 4. PARTICLE MICRODERMABRASION OF THE FOREHEAD**
- 5. LED TREATMENT**
- 6. WORK AREA AND NEW CLIENT PREPARATION, AND SET UP OF SUPPLIES**
- 7. ULTRASONIC TREATMENT OF FOREHEAD AND UPPER LIP**
- 8. BETA HYDROXY ACID (BHA) TREATMENT**
- 9. MICROCURRENT TREATMENT TO UPPER ORBICULARIS OCULI**
- 10. BODY TREATMENT – DRY EXFOLIATION AND MUD MASK**
- 11. BLOOD EXPOSURE**

This practical examination is demonstrated on mannequins, models are NOT permitted. Please refer to the mannequin information section of this Candidate Handbook for the requirements in your state.

EXAMINATION SURVEY INFORMATION

Examination surveys are available for candidates to complete after the exam has concluded. We encourage all candidates to complete a survey regarding their testing experience.

Please note that the examiners are not permitted to have conversations with or interact with the testing candidates. This should not be interpreted as them being rude as they are required to strictly follow standardized verbal instructions and procedures at all times.

If you have questions or need assistance, you may also send an e-mail to WAsupport@prometric.com.

WASHINGTON SCORING INFORMATION

A scaled score of 75.00 is required on the written and practical examination. Candidates must achieve an overall passing score on each examination in order to be assigned a Pass status on that examination. No pass or fail decisions are made on individual content areas or sections within the examinations. If a candidate fails one of the examinations, the candidate is required to retake the failed examination in its entirety.

WASHINGTON EXAMINATION RESULT INFORMATION

If you indicated on your application that you will download a copy of your result letter from our website, our web address is www.DLRoope.com. A message will be posted on the website when the result letters are available. **Please do not call our office to ask when examination results will be posted as they will be posted as soon as we have received them from the National Interstate Council of State Boards of Cosmetology.**

This is a secure website, and you will need your candidate number and your date of birth to access your result letter. Your candidate number will be indicated on your admission letter.

If you are unable to log onto our website, please check the message center to see if a message has been posted that the results are available. You will not be able to log into the Webscore system until after your results have been posted. Please read all instructions on the website to ensure that you are entering your information correctly. **You must have the most current version of Adobe Acrobat PDF Reader to view and print your result letter. Adobe may be downloaded from our website at www.DLRoope.com.**

Please print a copy of your result letter as you will not receive an additional copy in the mail. **Result letters are only available on the Webscore system for 2 weeks after posting.** Your test results will be sent directly to the Department.

If you fail your examination, you will receive a result letter with review information. This review information can be used to assess those areas where your performance was weak or strong. Please refer to this Candidate Handbook and the NIC Candidate Information Bulletin (CIB) for the list of tasks that are evaluated. Candidates may apply online on our website at DLRoope.com or complete and submit a rescheduling application and fee to D.L. Roope Administrations at the address listed on the application.

WASHINGTON APPEAL PROCESS

Washington State examination appeals are addressed in WAC 308-20-123. The department will

consider only appeals regarding significant procedural errors or adverse environmental conditions during exam administration. Please contact the department within 15 days after the date of notification of exam results. The appeal must be made in writing and can be sent to csap@dol.wa.gov, or to P.O. Box 9026, Olympia, WA 98507.

PRACTICAL CANDIDATE INFORMATION BULLETINS

Please see next page.



NATIONAL *ESTHETICS*
PRACTICAL EXAMINATION

CANDIDATE INFORMATION BULLETIN (CIB)

EXAMINATION CONTENT AND IMPORTANT ADMINISTRATION INSTRUCTIONS

Please visit your official examination provider website OR www.nicesting.org for the most current bulletin prior to testing.

The NIC National Esthetics Practical Examination is the licensure examination for Esthetics, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains IMPORTANT INFORMATION regarding the NIC National Esthetics Practical Examination content and administration for Esthetics core services and additional sections.

For each NIC National Practical Examination, there are multiple parts to every Candidate Information Bulletin (CIB) stored as separate documents. Go to www.nicesting.org for a current downloadable copy of each of the following:

- ***Important Instructions and Examination Core Domain Content*** – This contains information and guidelines related to administration of the Practical examination and information about the scope of content covered in the core sections of the Practical examination.
- ***Additional Services*** – These provide information about additional sections offered by NIC for examination. Check with your State regulatory agency or examination administration vendor to determine which of these sections your State requires as part of their Practical examination.
- ***References*** – This is a list of references used to develop and support the content covered in NIC examinations. The references will always be the same for both Theory and Practical examinations.

BE CERTAIN TO DOWNLOAD AND/OR PRINT AND REVIEW ALL DOCUMENTS THAT MAKE UP THE NIC EXAMINATION CIB.

PLEASE REVIEW ALL INFORMATION CAREFULLY!

IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. **Picture ID is required for re-entry into the examination.**
- Candidates are required to bring a supply kit for their own use.
 - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
 - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
 - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
 - All examinations are administered in a testing environment.

NIC National Esthetics Practical Examination

- Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.
 - **EPA registered, disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be used. DISINFECTANT SPRAYS ARE NO LONGER ALLOWED IN THE TESTING ENVIRONMENT.**
 - Due to standardization of the NIC National Examinations, proctors and examiners are required to adhere to the following standards:
 - The verbal instructions will be read twice for each section of the examination.
 - With the exception of verbal instructions, the proctors are not allowed to communicate with candidates.
 - Examiners are not allowed to speak with candidates.Candidates requesting information during the examination will be told one of the following statements:
 - “Do the best you can with what you have available.”
 - “Do as you were taught.”
 - If a candidate experiences an emergency situation, please notify the proctor by raising your hand.
 - Candidates will be given time to set up the universal (also known as general) supplies they will use throughout the examination.
 - Each section of the examination has a maximum time allowance, with the exception of those specified as untimed sections.
 - Once a candidate has completed all tasks in the section, they should step back or turn the hand toward the examiner (in the case of nail sections) to indicate they have finished.
 - In the event that all candidates complete a section before the time has elapsed, the examiners will proceed to the next section of the examination.
 - When the timer goes off, all candidates must stop working and step back or turn the hand toward the examiner (in the case of nail services) IMMEDIATELY.
 - During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
 - In the event of a blood exposure incident, candidates will be expected to follow the NIC Blood Exposure Procedure.
- Failure to do so may result in your dismissal from the examination.**
- *Be sure to contact your examination provider to obtain the most current version of, and any addendums to, the NIC Blood Exposure Procedure, OR go to www.nictesting.org for a current downloadable copy.*
 - **If a candidate does not follow infection control procedures or allows the work area to become and remain unsafe, the result may be a failing score for the examination.**
- The following provides examples of materials and actions that are prohibited during the examination administration:
 - Possession of cellular phones, watches (of any kind), pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination, are not allowed.
 - Exhibiting disruptive behavior.
 - Communicating to other candidates or any examiner.
 - *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in the immediate dismissal from the examination and the candidate’s actions*

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reported to the proper authorities.

- **All supplies must be labeled in English.** When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers' labels must have English and may also include other languages. All non-manufacturers' created labels must be only in English.
 - Original manufacturer's labels are *required* for all disinfectants and hand sanitizers.
 - **EPA-registered disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be used. DISINFECTANT SPRAYS ARE NO LONGER ALLOWED IN THE TESTING ENVIRONMENT.** Please refer to the "*Suggested Examination Supplies*" section to see any further state specific requirements for supplies and products.
 - Simulated products are *not* allowed for disinfectants and hand sanitizers.
 - **NO AEROSOLS OR DISINFECTANT SPRAYS** are allowed in the testing environment.
 - Candidates are to perform all tasks, utilizing products and supplies, as they were taught. There is however, a section titled "*Suggested Examination Supplies*" provided following the "Content Domains" section of this bulletin for items that a candidate may *possibly* utilize in a section.

NIC MODEL OR MANNEQUIN REQUIREMENTS

Please refer to your state specific guidelines for model and mannequin requirements.

If your state requires that you use a mannequin head(s) or hand(s):

- Candidates who are required to use a mannequin head(s), it is the candidate's responsibility to come prepared for the examination.
- Mannequin heads that are premarked or presectioned are not allowed for any part of the practical examination.
- Candidates who are required to use a mannequin hand(s), it is the candidate's responsibility to come prepared for the examination.
- Mannequin hands must be an entire hand and cannot have removable digits.
- Mannequin heads and hands must be approved by the examination state/vendor prior to admittance into the examination.

SPECIAL ATTENTION!

The following information is vital and specific to the
National Esthetics Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
 - Container labeled "to be disinfected"
 - Container labeled "soiled linens"
 - Container labeled "trash"
- It is specified that there is **more than one client** represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Esthetics Practical Examination Content Domain Sections). All additional services (varies by state) will be performed on Client 2.
- Candidates are not allowed to label products as single-use items.
- Use of single-use products may result in a failing score for the examination.
- **Candidates are expected to brace any time they are working around the eye and mouth areas.**
- **In accordance with manufacturer's guidelines, gloves MUST be worn during disinfection procedures.**

**ESTHETICS PRACTICAL EXAMINATION
CONTENT DOMAIN SECTIONS**

The scope of the National Esthetics Practical Examination includes 6 (six) core domain services. The Core Domain Sections are based on the national job analysis.

1. **Work Area Preparation and Set Up of Supplies** (First client) (10 minutes)
2. **Client Preparation and Basic Facial** (25 minutes)
3. **Work Area Preparation for New Client and Set Up of Supplies** (Second client) (10 minutes)
4. **New Client Preparation and Hair Removal of the Eyebrows Using Simulated Soft Wax and Tweezing** (5 minute set-up, Untimed procedure)
5. **Facial Makeup** (20 minutes)
6. **Blood Exposure Procedure** (10 minutes)
7. Particle Microdermabrasion on the Forehead (10 minutes) *+ADDITIONAL SECTION (Performed on Client 2)+*
8. Eyelash Enhancement (10 minutes) *+ADDITIONAL SECTION (Performed on Client 2)+*

CONTENT DOMAINS

1. WORK AREA PREPARATION AND SET UP OF SUPPLIES (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare your WORK AREA for your client.”

“You will set up the universal supplies you will use throughout the examination.”

“You will also set up the supplies for the Basic Facial section of the examination.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 1.1 Disinfects all work areas completely with product labeled in English as EPA-registered disinfectant that is virucidal, bactericidal, and fungicidal**
- 1.2 Sanitizes hands with product labeled in English**
- 1.3 Universal supplies are labeled in English**
- 1.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

2. CLIENT PREPARATION AND BASIC FACIAL
(25 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare your CLIENT for services.”

“You will perform a Basic Facial.”

“The basic facial will include cleansing, manual exfoliation, towel steaming, massage, and mask.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 25 minutes to complete this section.”

“You will be informed when you have 12 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 2.1 Basic facial supplies are labeled in English**
- 2.2 Implements and supplies are visibly clean**
- 2.3 Cleanses entire face**
- 2.4 Performs exfoliation with manual exfoliant using an implement or material on entire face excluding eyes and lips**
- 2.5 Steams the face with towel and removes residual product completely**
- 2.6 Demonstrates facial massage procedure using 4 different types of facial massage movements**
- 2.7 Demonstrates facial mask application and concludes the service**
- 2.8 Maintains drape throughout section**
- 2.9 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

**3. WORK AREA PREPARATION FOR NEW CLIENT AND SET UP OF SUPPLIES
(10 minutes)**

Proctor – Verbal Instructions: Read to all candidates:

“You will break down your work area and dispose of supplies used in the previous sections of this examination.”

“You will prepare your WORK AREA for a NEW client.”

“You will set up the universal supplies you will use for the remainder of the examination.”

“You will also set up for the following sections of the examination:

*Hair Removal of the Eyebrow using Simulated Soft Wax and Tweezing,
Facial Makeup.”*

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

Additional verbal instruction specific to state guidelines for hard wax:

“Plug in your wax pot at this time.” (If additional hard wax section is administered)

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 3.1 Disinfects all work areas completely with product labeled in English as EPA-registered disinfectant that is virucidal, bactericidal, and fungicidal**
- 3.2 Sanitizes hands with product labeled in English**
- 3.3 Universal supplies are labeled in English**
- 3.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

**4. NEW CLIENT PREPARATION AND HAIR REMOVAL OF THE EYEBROW USING SIMULATED SOFT WAX AND TWEEZING
(5 minute set up, Untimed procedure)**

Proctor – Verbal Instructions: Read to all candidates:

“You have 5 minutes to prepare your CLIENT for the following sections of the examination:

*Hair Removal of the Eyebrow using Simulated Soft Wax and Tweezing,
Facial Makeup.”*

“Please do not begin any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Proctor – Verbal Instructions: Read to all candidates:

“You will perform hair removal of the eyebrow using simulated soft wax and tweezing.”

“You will select one eyebrow to demonstrate a simulated soft wax and tweezing procedure.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will be instructed individually by the examiner to demonstrate the soft wax and tweezing procedures.”

“This is an untimed section.”

“Do not begin to demonstrate the soft wax and tweezing procedures. You will be instructed individually by the examiner to do so.”

(1) “The instructions will be repeated.”

Candidates will be evaluated on the following tasks:

4.1 Hair removal of the eyebrow supplies are labeled in English

4.2 Implements and supplies are visibly clean

Examiner – Verbal Instructions: Read to each candidate individually:

“Please demonstrate hair removal using simulated soft wax along entire length of one eyebrow.”

4.3 Demonstrates simulated soft wax procedure along entire length of eyebrow

Examiner – Verbal Instructions: Read to each candidate individually:

“Please tweeze three hairs from the same eyebrow and conclude the service.”

4.4 Demonstrates tweezing procedure

4.5 Maintains drape throughout section

4.6 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Examiner – Verbal Instructions: Read to each candidate individually after hair removal of the eyebrow using soft wax and tweezing has been examined:

“Please step back and do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:

“All examiners have indicated they are ready to proceed.”

5. FACIAL MAKEUP
(20 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform Facial Makeup.”

“You will be expected to apply facial makeup in the following order: foundation, powder, blush, eyeshadow, eyeliner, mascara, and lip color.”

“You are expected to brace when working around the eye and mouth areas.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 20 minutes to complete this section.”

“You will be informed when you have 10 minutes remaining.”

“Step back to indicate you have finished.”

Additional verbal instruction specific to state guidelines for Hard Wax:

“Please check the temperature of your wax pot at this time.” (if additional Hard Wax section is administered)

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 5.1 Facial makeup supplies are labeled in English**
- 5.2 Implements and supplies are visibly clean**
- 5.3 Applies foundation to cover face**
- 5.4 Applies powder**
- 5.5 Applies blush**
- 5.6 Applies eyeshadow**
- 5.7 Applies eyeliner**
- 5.8 Applies mascara**
- 5.9 Applies lip color**
- 5.10 Maintains drape throughout section**
- 5.11 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

6. BLOOD EXPOSURE PROCEDURE
(10 Minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will demonstrate the blood exposure procedure.”

“You will imagine the following scenario: During a service, your client has sustained a minor cut to the chin. The injury is such that you can continue with the service. You have not come in contact with the blood and your work area has not been contaminated. You are expected to demonstrate the proper procedure for a blood exposure.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 6.1 Blood exposure supplies and materials are labeled in English**
- 6.2 Removes materials from the first aid kit**
- 6.3 Supplies and materials are visibly clean**
- 6.4 Candidate wears gloves**
- 6.5 Cleans injured area with antiseptic**
- 6.6 Covers with dressing that is absorbent and secured**
- 6.7 Disposes of all contaminated supplies**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working. Please do nothing until the next verbal instructions are given.”

CANDIDATE SUMMARY AND FINAL CLEANUP

Proctor - Verbal Instructions: Read at the conclusion of the examination:

“All examiners have indicated they have completed their assessment.”

“Make sure that all kit supplies and disposable materials are taken with you.”

“This concludes the National Interstate Council of State Boards of Cosmetology, National Esthetics Practical Examination.”

“Thank you for your participation.”

SUGGESTED EXAMINATION SUPPLIES

Suggested supply list:

- This is ONLY a list of SUGGESTED supplies for the practical examination.
- Candidates are responsible for bringing all needed materials, even if not included on this list.

Information related to labeling of supplies:

- ALL simulated products must be labeled in English
- No other languages can be present unless an original manufacturer's label is present
- Original manufacturers' labels MUST have English and may be multi-language
- All other created labels must be only English

EXAMINATION UNIVERSAL/GENERAL SUPPLIES

- candidate supply kit to serve as dry storage area (must be closeable)
- EPA-registered disinfectant wipes with manufacturer's label that demonstrate bactericidal, fungicidal, and virucidal properties must be used (must be actual disinfectant wipes)
- hand sanitizer and manufacturer's label (must be actual hand sanitizer)
- bag or container labeled "to be disinfected"
- bag or container labeled "soiled linens"
- bag or container labeled "trash"
- head and body drapes
- gloves
- bowl or container of water (if used)
- paper towels
- tissues, gauze pad, cotton rounds, sponges
- applicators, spatula(s)
- first aid kit
- disposable bag for blood contaminated materials

CLIENT 1

- cleanser
- toner
- manual exfoliation product
- implement or material to exfoliate
- wet steam towel(s)
- massage product
- mask product with color (not clear)
- mask applicator
- moisturizer/sun protection

CLIENT 2

- tweezers
- pre-epilation product
- wax applicator(s)
- wax strip(s)
- simulated soft wax
- post-epilation product
- empty makeup palette

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- disposable makeup applicator(s)
- foundation
- powder
- blush
- eye shadow
- eyeliner
- sharpener
- mascara
- lip color

7. PARTICLE MICRODERMABRASION ON THE FOREHEAD

(10 minutes)

+ADDITIONAL SECTION (Performed on Client 2)+

Proctor – Verbal Instructions: Read to all candidates:

“You have 2 minutes to set up the supplies for the Particle Microdermabrasion section of this examination.”

“Please do not begin any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Proctor – Verbal Instructions: Read to all candidates:

“You will perform particle microdermabrasion.”

“You will demonstrate horizontal strokes across the entire forehead.”

“You will then demonstrate vertical strokes across the entire forehead and conclude the service.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate that you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 7.1 Particle microdermabrasion supplies are labeled in English
- 7.2 Implements and supplies are visibly clean
- 7.3 Prepares client and candidate for particle microdermabrasion procedure
- 7.4 Performs particle microdermabrasion procedure
- 7.5 Concludes particle microdermabrasion procedure
- 7.6 Maintains drape throughout section
- 7.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

SUGGESTED EXAMINATION SUPPLIES

Information related to labeling of supplies:

- ALL supplies must be labeled in English
- No other languages can be present unless an original manufacturer’s label is present
- Original manufacturers’ labels MUST have English and may be multi-language
- All other created labels must be only English

+PARTICLE MICRODERMABRASION SUPPLIES+

- hand piece or simulated hand piece with at least a 4-foot tubing or simulated tubing attached
- bowl and water (if used)
- gloves, tissue, gauze, or cotton rounds, sponges
- eye protection (for model)
- eye protection (for candidate) (prescription eyeglasses are suitable)
- face mask (for candidate)
- moisturizer/sun protection
- simulated degreaser/prep solution
- dry material for brushing

8. EYELASH ENHANCEMENT

(10 minutes)

+ADDITIONAL SECTION (Performed on Client 2)+

Proctor – Verbal Instructions: Read to all candidates:

“You have 2 minutes to set up the supplies for the Eyelash Enhancement section of this examination.”

“Please do not begin any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

Proctor – Verbal Instructions: Read to all candidates:

“You will apply eyelash enhancement.”

“You will add a complete eyelash band to the full length of the lash line of both eyes.”

“You are expected to brace when working around the eyes.”

“You are expected to perform a patch test.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 8.1 Eyelash enhancement supplies are labeled in English**
- 8.2 Implements and supplies are visibly clean**
- 8.3 Performs patch test**
- 8.4 Prepares client and eyelash band for enhancement**
- 8.5 Performs eyelash application procedure**
- 8.6 Final appearance of eyelash application on both eyes**
- 8.7 Maintains drape throughout section**
- 8.8 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

SUGGESTED EXAMINATION SUPPLIES

Information related to labeling of supplies:

- ALL supplies must be labeled in English
- No other languages can be present unless an original manufacturer’s label is present
- Original manufacturers’ labels MUST have English and may be multi-language
- All other created labels must be only English

+EYELASH ENHANCEMENT SUPPLIES +

- head band/drape
- cotton/cotton rounds
- cleanser
- lash brush
- eyelash bands (must be a length longer than natural lash line)
- eyelash adhesive
- tweezers
- scissors
- spatulas



NATIONAL ADVANCED PRACTICE ESTHETICS
PRACTICAL EXAMINATION

CANDIDATE INFORMATION BULLETIN (CIB)

EXAMINATION CONTENT AND IMPORTANT ADMINISTRATION INSTRUCTIONS

Please visit your official examination provider website OR www.nicesting.org, for the most current bulletin prior to testing.

The NIC National Advanced Practice Esthetics Practical Examination is the licensure examination for Advanced Practice Esthetics, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains IMPORTANT INFORMATION regarding the NIC National Advanced Practice Esthetics Practical Examination content and administration for Advanced Practice Esthetics core sections.

For each NIC National Practical Examination, there are multiple parts to every Candidate Information Bulletin (CIB) stored as separate documents:

- ***Important Instructions and Examination Core Domain Content*** – This contains information and guidelines related to administration of the Practical examination and information about the scope of content covered in the core sections of the Practical examination.
- ***Additional Services*** – These provide information about additional sections offered by NIC for examination. Check with your State regulatory agency or examination administration vendor to determine which of these sections your State requires as part of their Practical examination.
- ***References*** – This is a list of references used to develop and support the content covered in NIC examinations.

The references will always be the same for both Theory and Practical examinations.

BE CERTAIN TO DOWNLOAD AND/OR PRINT AND REVIEW ALL DOCUMENTS THAT MAKE UP THE NIC EXAMINATION CIB.

PLEASE REVIEW ALL INFORMATION CAREFULLY!

IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. **Picture ID is required for re-entry into the examination.**
- Candidates are required to bring a supply kit for their own use.
 - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
 - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
 - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
 - All examinations are administered in a testing environment.
 - Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.

- **EPA registered, disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be used. DISINFECTANT SPRAYS ARE NO LONGER ALLOWED IN THE TESTING ENVIRONMENT.**
- Due to standardization of the NIC National Examinations, proctors and examiners are required to adhere to the following standards:
 - The verbal instructions will be read twice for each section of the examination.
 - With the exception of verbal instructions, the proctors are not allowed to communicate with candidates.
 - Examiners are not allowed to speak with candidates.
 - Candidates requesting information during the examination will be told one of the following statements:
 - “Do the best you can with what you have available.”
 - “Do as you were taught.”
 - If a candidate experiences an emergency situation, please notify the proctor by raising your hand.
- Candidates will be given time to set up the universal (also known as general) supplies they will use throughout the examination.
 - Each section of the examination has a maximum time allowance, with the exception of those specified as untimed sections.
 - Once a candidate has completed all tasks in the section, please step back or turn the hand toward the examiner (in the case of nail sections) to indicate they have finished.
 - In the event that all candidates complete a section before the time has elapsed, the examiners will proceed to the next section of the examination.
 - When the timer goes off, all candidates must stop working and step back or turn the hand toward the examiner (in the case of nail services) IMMEDIATELY.
- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
 - In the event of a blood exposure incident, candidates will be expected to follow the NIC Blood Exposure Procedures.
Failure to do so may result in your dismissal from the examination.
 - *Be sure to contact your examination provider to obtain the most current version of, and any addendums to, the NIC Blood Exposure Procedures, OR go to www.nictesting.org for a current downloadable copy.*
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- The following provides examples of materials and actions that are prohibited during the examination administration:
 - Possession of cellular phones, watches (of any kind), pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination, are not allowed.
 - Exhibiting disruptive behavior.
 - Communicating to other candidates or any examiner.
 - *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in the immediate dismissal from the examination and the candidate’s actions reported to the proper authorities.*

- **All supplies must be labeled in English.** When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers' labels must have English and may also include other languages. All non-manufacturer-created labels must be only in English.
 - Original manufacturer's labels are *required* for all disinfectants and hand sanitizers.
 - **EPA-registered disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be used. DISINFECTANT SPRAYS ARE NO LONGER ALLOWED IN THE TESTING ENVIRONMENT.** Please refer to the "*Suggested Examination Supplies*" section to see any further state-specific requirements for supplies and products.
 - Simulated products are *not* allowed for disinfectants and hand sanitizers.
 - **NO AEROSOLS OR DISINFECTANT SPRAYS** are allowed in the testing environment.
 - Candidates are to perform all tasks, utilizing products and supplies, as they were taught. There is however, a section titled "*Suggested Examination Supplies*" provided following the "Content Domains" section of this bulletin for items that a candidate may *possibly* utilize in a section.

NIC MODEL AND MANNEQUIN REQUIREMENTS

Please refer to your state guidelines for model and mannequin requirements.

If your state requires that you use a mannequin head(s)

- If candidates are required to use a mannequin head(s), it is the candidate's responsibility to come prepared for the examination.
- Mannequin heads that are premarked or presectioned are not allowed for any part of the practical examination.
- Mannequin heads must be approved by the examination vendor or state prior to admittance into examination.
- **Advanced Practice Esthetics practical examination mannequins are *required* to have a *décolletage*.**

SPECIAL ATTENTION

The following information is vital and specific to the
NIC National Advanced Practice Esthetics Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. Candidates are ***required*** to bring and use the following supplies for the appropriate disposal of materials:
 - Container labeled "**To be disinfected**"
 - Container labeled "**Soiled linens**"
 - Container labeled "**Trash**"
- It is specified that there is **more than one client** represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Advanced Practice Esthetics Practical Examination Content Domains Sections).
- The following sections are *NEW* to the Advanced Practice Esthetics Practical Examination:
 - Work Area and New Client Preparation, and Set Up of Supplies (Content Domain Section 6)
 - Body Treatment-Dry Exfoliation and Mud Mask (Content Domain Section 10)
 - Blood Exposure Procedure (Content Domain Section 11)
- **Candidates are expected to brace any time they are working around the eye and mouth areas.**
- Candidates are not allowed to label products as single-use items.
- Use of single-use products may result in a failing score for the examination.

**ADVANCED PRACTICE ESTHETICS PRACTICAL EXAMINATION
CONTENT DOMAIN SECTIONS**

The scope of the National Advanced Practice Esthetics Practical Examination includes 11 (eleven) core domain sections. The Core Domain Sections are based on the national job analysis.

1. **Work Area and Client Preparation, and Set Up of Supplies** (First client 15 minutes)
2. **Cleansing of the Face with Product** (10 minutes)
3. **Manual Lymphatic Drainage** (10 minutes)
4. **Particle Microdermabrasion on the Forehead** (10 minutes)
5. **LED Treatment** (10 minutes)
6. **Work Area and New Client Preparation, and Set Up of Supplies** (Second client 15 minutes)
7. **Ultrasonic Treatment of Forehead and Upper Lip** (10 minutes)
8. **Beta Hydroxy Acid (BHA) Treatment** (10 minutes)
9. **Microcurrent Treatment to the Upper Orbicularis Oculi.** (10 minutes)
10. **Body Treatment-Dry Exfoliation and Mud Mask** (15 minutes)
11. **Blood Exposure Procedure** (10 minutes)

CONTENT DOMAINS

1. WORK AREA AND CLIENT PREPARATION, AND SET UP OF SUPPLIES (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare your work area for your client.”

“You will set up the universal supplies you will use throughout the examination.”

“You will also set up the supplies for the following sections of the examination:

*Cleansing of the Face with Product,
Manual Lymphatic Drainage,
Particle Microdermabrasion on the Forehead,
LED Treatment.”*

“You will prepare your client for services.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 1.1 Disinfects all work areas completely with product labeled in English as EPA-registered disinfectant that is virucidal, bactericidal, and fungicidal**
- 1.2 Sanitizes hands with product labeled in English**
- 1.3 Universal supplies are labeled in English**
- 1.4 Applies protective covering to model’s hair and body**
- 1.5 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

2. CLEANSING OF THE FACE WITH PRODUCT (10 Minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform Cleansing of the Face.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 2.1 **Cleansing of the face with product supplies are labeled in English**
- 2.2 **Implements and supplies are visibly clean**
- 2.3 **Cleanses eye area completely**
- 2.4 **Cleanses lips completely**
- 2.5 **Distributes cleanser over face**
- 2.6 **Removes residual makeup and cleanser**
- 2.7 **Applies toner/astringent**
- 2.8 **Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

3. MANUAL LYMPHATIC DRAINAGE (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform Manual Lymphatic Drainage.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 3.1 Manual lymphatic drainage supplies are labeled in English
- 3.2 Implements and supplies are visibly clean
- 3.3 Applies massage product
- 3.4 Demonstrates slow, stationary circles with pads of fingers, between thyroid cartilage and sternocleidomastoid muscle for at least one minute on both sides of the neck simultaneously
- 3.5 Demonstrates slow, stationary circles with pads of fingers between ear lobe and masseter muscle for one minute on both sides of the face simultaneously
- 3.6 Place the pads of the fingers flat over the eyebrows, curl the fingertips down below the eyebrows to massage the supraorbital ridge for one minute simultaneously.
- 3.7 Removes residual massage product
- 3.8 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

4. PARTICLE MICRODERMABRASION ON THE FOREHEAD (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform Particle Microdermabrasion.”

“You will demonstrate horizontal and vertical strokes on the forehead.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 4.1 Particle microdermabrasion supplies are labeled in English
- 4.2 Implements and supplies are visibly clean
- 4.3 Applies degreaser/prep solution
- 4.4 Dries excess moisture
- 4.5 Applies eye protection to model
- 4.6 Candidate wears eye protection and mask that covers nose and mouth
- 4.7 Candidate wears gloves
- 4.8 Holds skin taut
- 4.9 Demonstrates vertical strokes with simulated hand piece across entire forehead. Cord must be attached to hand piece.
- 4.10 Demonstrates horizontal stroke with simulated hand piece across entire forehead. Cord must be attached to hand piece.
- 4.11 Removes particles from treated area
- 4.12 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

5. LED TREATMENT (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform an LED Treatment.”

“You will demonstrate the treatment on the entire face.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

5.1 LED treatment supplies are labeled in English

5.2 Implements and supplies are visibly clean

5.3 Applies degreaser/prep solution

5.4 Dries excess moisture

5.5 Applies eye protection to model

5.6 Holds hand piece so light strikes skin. Cord must be attached to hand piece.

5.7 Moves light around face, pausing to ensure entire face is treated. Cord must be attached to hand piece.

5.8 Applies sunscreen to face

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read to all candidates:

“You will breakdown your work area and dispose of supplies used in the previous sections of the examination.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 5 minutes to complete this section.”

“You will be informed when you have 2 minutes remaining.”

“Do not set up or perform any services until the verbal instructions have been given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

NIC National AP Esthetics Practical Examination – LED Treatment (continued)

Candidates will be evaluated on the following tasks:

- 5.9 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

6. WORK AREA AND NEW CLIENT PREPARATION, AND SET UP OF SUPPLIES (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare your work area for a NEW client.”

“You will set up the universal supplies you will use for the remainder of the examination.”

“You will also set up the supplies for the following sections of the examination:

Ultrasonic Treatment of Forehead and Upper Lip,

Beta Hydroxy Acid (BHA) Treatment,

Microcurrent Treatment to Upper Orbicularis Oculi,

Body Treatment-Dry Exfoliation and Mud Mask.”

“You will prepare your client for the services.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 6.1 Disinfects all work areas completely with product labeled in English as EPA-registered disinfectant that is virucidal, bactericidal, and fungicidal**
- 6.2 Sanitizes hands with product labeled in English**
- 6.3 Universal supplies are labeled in English**
- 6.4 Applies new protective covering to model’s hair and body**

NIC National AP Esthetics Practical Examination – Work Area and New Client Preparation, and Set Up of Supplies (continued)

6.5 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

7. ULTRASONIC TREATMENT OF FOREHEAD AND UPPER LIP (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform an Ultrasonic Treatment.”

“You will demonstrate the ultrasonic treatment on the forehead and upper lip.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

7.1 Ultrasonic treatment supplies are labeled in English

7.2 Implements and supplies are visibly clean

7.3 Attaches wristband to model

7.4 Applies ear and eye protection to model

7.5 Applies solution to the area to be treated

7.6 Performs horizontal strokes across forehead. Cord must be attached to hand piece

7.7 Performs vertical strokes across forehead. Cord must be attached to hand piece

7.8 Performs strokes in a downward motion across the upper lip. Cord must be attached to hand piece

7.9 Removes residual product

7.10 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

NIC National AP Esthetics Practical Examination – Ultrasonic Treatment of Forehead and Upper Lip (continued)

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

8. BETA HYDROXY ACID (BHA) TREATMENT (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform a Beta Hydroxy Acid (BHA) Treatment.”

“You will demonstrate the Beta Hydroxy Treatment on the entire face.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Upon completion of this section, you will be instructed by the Proctor to remove any residue from the face.”

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 8.1 Beta hydroxy acid (BHA) treatment supplies are labeled in English**
- 8.2 Implements and supplies are visibly clean**
- 8.3 Candidate wears gloves**
- 8.4 Applies degreaser/prep solution**
- 8.5 Apply occlusive barrier**
- 8.6 Applies eye protection to model**
- 8.7 Applies the BHA solution to the entire face**
- 8.8 Neutralizes treatment area**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working. Please do nothing until the next verbal instructions are given.”

NIC National AP Esthetics Practical Examination – Beta Hydroxy Acid (BHA) Treatment (continued)

Proctor – Verbal Instructions: Read to all candidates:

“Please remove all remaining residue from the face.”

8.9 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

**9. MICROCURRENT TREATMENT TO THE UPPER ORBICULARIS OCULI
(10 minutes)**

Proctor – Verbal Instructions: Read to all candidates:

“You will perform a Microcurrent Treatment.”

“You will demonstrate the Microcurrent Treatment on one upper orbicularis oculi.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 9.1 Microcurrent treatment supplies are labeled in English**
- 9.2 Implements and supplies are visibly clean**
- 9.3 Applies conducting gel/lotion**
- 9.4 Moistens conductors**
- 9.5 Begin treatment at the corrugator moving toward the outer area of the eyebrow. Cord must be attached to hand piece.**
- 9.6 Applies sunscreen to face**
- 9.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

10. BODY TREATMENT - DRY EXFOLIATION AND MUD MASK (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform a Body Treatment - Dry Exfoliation and Mud Mask.”

“You will demonstrate the Body Treatment on the décolletage.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

10.1 Body treatment supplies are labeled in English

10.2 Implements and supplies are visibly clean

10.3 Dry exfoliate the décolletage

10.4 Apply mask and wrap the area

10.5 Unwrap model, remove mask with steam towel and complete service

10.6 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

11. BLOOD EXPOSURE PROCEDURE (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will demonstrate the blood exposure procedure.”

“You will imagine the following scenario: During a service, your client has sustained a minor cut to the forehead. The injury is such that you can continue with the service. You have not come in contact with the blood and your work area has not been contaminated. You are expected to demonstrate the proper procedure for a blood exposure.”

“You are expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

NIC National AP Esthetics Practical Examination – Blood Exposure Procedure (continued)

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 11.1 Blood exposure supplies are labeled in English**
- 11.2 Removes materials from first aid kit**
- 11.3 Supplies and materials are visibly clean**
- 11.4 Candidate wears gloves**
- 11.5 Cleans injured area with antiseptic**
- 11.6 Covers with dressing that is absorbent and secured**
- 11.7 Disposes of all contaminated supplies**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working. Please do nothing until the next verbal instructions are given.”

CANDIDATE CLEANUP AND FINAL SUMMARY

Proctor – Verbal Instructions: Read to all candidates at the conclusion of the examination:

“All examiners have indicated they have completed their assessment.”

“Make sure that all kit supplies and disposable materials are taken with you.”

“This concludes the National Interstate Council of State Boards of Cosmetology, National Advanced Practice Esthetics Practical Examination.”

“Thank you for your participation.”

SUGGESTED EXAMINATION SUPPLIES

Suggested supply list:

- This is a list of suggested supplies for the practical examination.
- Candidates are responsible for bringing all needed materials, even if not included on this list.

Information related to labeling of supplies:

- ALL supplies must be labeled in English.
- No other languages can be present unless an original manufacturer's label is present.
- Original manufacturers' labels MUST have English and may be multi-language.
- All other created labels must be only English

EXAMINATION UNIVERSAL/GENERAL SUPPLIES

- mannequin head (*MUST have a décolletage*)
- candidate supply kit to serve as dry storage area (*must be closeable*)
- EPA-registered disinfectant wipes with manufacturer's label that demonstrates bactericidal, fungicidal and virucidal properties must be used (*must be actual disinfectant wipes*)
- hand sanitizer and manufacturer's label (*must be actual hand sanitizer*)
- container labeled "items to be disinfected"
- container labeled "soiled linens"
- container labeled "trash"
- first aid kit
- cloth and paper towel(s)
- tissues
- cotton rounds
- sponges
- gauze pads
- disposable applicators
- disposable protective gloves
- spatula(s)
- container of water (*if needed*)
- degreaser/prep solution
- sunscreen

CLEANSING THE FACE WITH PRODUCT SUPPLIES

- cleanser
- astringent/toner

MANUAL LYMPHATIC DRAINAGE SUPPLIES

- massage product

PARTICLE MICRODERMABRASION ON THE FOREHEAD SUPPLIES

- hand piece with at least a 4-foot tubing (may be simulated)
- dry material for brushing
- face mask
- safety glasses (prescription glasses acceptable)
- goggles

LED TREATMENT SUPPLIES

- hand piece that emits light and has at least a 4 ft. cord (may be simulated)
- eye protection

ULTRASONIC TREATMENT OF THE FOREHEAD AND UPPER LIP SUPPLIES

- hand piece with at least a 4 ft. cord
- wristband (may be simulated)
- eye protection
- ear protection
- cleanser

BETA HYDROXY ACID (BHA) TREATMENT SUPPLIES

- occlusive product
- degreaser/prep solution
- eye protection
- neutralizer

MICROCURRENT TREATMENT TO UPPER ORBITALIS OCULI SUPPLIES

- conducting probes with at least a 4 ft. cord (may be simulated)
- conducting gel

BODY TREATMENT – DRY EXFOLIATION AND MUD MASK SUPPLIES

- mud mask
- plastic wrap
- steam towels
- dry exfoliator
- hydrating product

BLOOD EXPOSURE PROCEDURE SUPPLIES

- bag for disposal of blood-contaminated materials