

DL ROOPE

A Prometric Company



Candidate Handbook

NORTH CAROLINA NAIL TECHNICIAN



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North Carolina Candidate Handbook

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Included with this handbook is the NIC Candidate Information Bulletin (CIB) that includes the examination sections administered in North Carolina.

NIC Nail Technician Practical CIB NIC pages #1 - 12

Blood Exposure Procedure

The NIC Written CIB is available on our website at www.DLRoope.com

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D.L. ROOPE ADMINISTRATIONS CONTACT INFORMATION

To request examination information you may write, phone, or visit our web site:

D.L. Roope Administrations

P.O. Box 631

Hampden, ME 04444-0631

Toll Free: 1-888-375-2020 ~ Direct: 1-207-848-7720

Fax (207) 848-5511 ~ www.DLRoope.com

ELIGIBILITY REQUIREMENTS

Eligibility requirements for the licensure examinations are set by the North Carolina Board of Cosmetic Art Examiners (Board). D.L. Roope Administrations is contracted by the Board to administer the National Interstate Council of State Boards of Cosmetology (NIC) examinations. All questions regarding eligibility for licensure must be directed to the Board office, you may visit the Board's website at www.nccosmeticarts.com or contact the Board office at 1-919-736-6123.

NORTH CAROLINA SCHOOL CANDIDATE INFORMATION

If you graduated from a licensed school in the State of North Carolina, you may obtain a paper exam application from your school or you may complete an online exam application on our website at www.DLRoope.com. If you apply online, your school will be notified electronically that you have applied.

Student's final record of instruction must be submitted to the Board. Receiving a passing score on the examination does not guarantee licensure. All requirements for licensure must be met as set forth by the Board before a license will be issued.

OUT OF STATE CANDIDATE INFORMATION

If you are currently licensed in another state, you must complete an application for reciprocity and submit it to the North Carolina State Board of Cosmetic Art Examiners. The Board will determine if you are eligible for licensure by reciprocity or by examination.

If you did not graduate from a school licensed in the State of North Carolina, you may visit the Board's website at www.nccosmeticarts.com or contact the Board office at 1-919-736-6123 for information regarding requirements for licensure. Please visit our website at www.DLRoope.com to apply online or to print the Out of State paper exam application.

AMERICANS WITH DISABILITIES ACT (ADA) INFORMATION

Standard testing conditions may represent an artificial barrier to candidates with disabilities. Candidates may request accommodations that will be evaluated on the basis of the Americans with Disabilities Act. You may contact D.L. Roope Administrations or your school to request information and the appropriate forms (Form A, B & C). Form A must be completed by the candidate. Form B must be completed by the medical professional or you may attach previous medical documentation for review (e.g. IEP, PET etc.). Form C must be completed by a school official indicating accommodations provided during testing while in school for this profession. **Candidates must submit the appropriate forms with the application to D.L. Roope Administrations by the application deadline date.**

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EXAM APPLICATION INFORMATION

If you graduated from a school licensed by the North Carolina Board of Cosmetic Art Examiners, a paper exam application may be obtained from your school or you may complete an online exam application. If you graduated in another state, you may visit our website at www.DLRoope.com to print a paper “Out of State” exam application or to apply online.

Online exam applications are available on our website at www.DLRoope.com. Exam fees may be paid with any debit or credit card through a secure payment processing service. Your online application will transfer to your school if you graduated from a licensed school in North Carolina. Once you are approved by your school for testing, your online application is transferred to our system, our staff reviews your application for completeness, and if it is complete you will be sent an e-mail letting you know that you are approved and that you will be scheduled for your examination.

If your application is not approved, our staff will contact you by phone or e-mail regarding the deficiencies in your application.

EXAM LANGUAGES

The practical examination is only offered in English. The written examination is offered in additional languages, you will select the language preference for your written examination when you apply for the examination.

COMPUTERIZED WRITTEN EXAMINATION INFORMATION

Computerized written examinations are administered at Iso Quality Testing (IQT) testing centers at multiple locations throughout North Carolina. Candidates may test at any IQT testing center in the United States that is convenient for them.

Additional information is provided in the following section titled Examination Scheduling Procedures.

EXAMINATION SCHEDULING PROCEDURES

Candidates schedule their own practical and computerized written examinations in Iso Quality Testing’s (IQT’s) scheduling portal. Practical examinations are administered primarily in Raleigh and once a year in Hickory and Wilmington.

D.L. Roope sets up examination spaces in the online system to enable candidates to log in and schedule their examinations or they may call and speak with a telephone support specialist to be scheduled. The online system is available 24 hours a day, 7 days a week for candidates to schedule their examinations at a test location on a date and time that is convenient for them.

Examination spaces are set up in the online scheduling system approximately 2 to 3 weeks prior to the exam week. If you want to test at a later date that isn’t published yet please log back in approximately 2 to 3 weeks prior.

Candidates will receive an e-mail from Iso-Quality Testing (IQT) to schedule the practical examination and a second e-mail to schedule the computerized written examination. The e-mails contain instructions on how to schedule the examinations if an e-mail address was provided on the exam application. If an e-mail address was not provided, scheduling information will be mailed to the candidates.

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EXAMINATION SCHEDULING PROCEDURES CONTINUED

Candidates may schedule their own practical and computerized written examination by clicking on the link in their approval e-mails. This link takes them into the scheduling portal or they may schedule by calling and speaking with a telephone support specialist. Candidates log in using their assigned candidate number and secure password. The scheduling portal shows the approved examination for the candidate and informs the candidate of the location that is closest to their zip code. The candidate has the option of selecting another test site if desired. The candidate selects the date and time of their preference from a drop down menu. Once selected, all details of their selected exam date, time and location appear on the screen and the candidate confirms all details and clicks to submit. The candidate prints their admission letters and they also receive an e-mail confirming their scheduled examinations.

Candidates should schedule their practical examination first if wanting to take both the practical and written examination on the same day as they are at different test locations. The practical examination should be scheduled first by selecting "NIC NC Practical" from the drop down box and then select the location, date and time. The scheduling portal will indicate the amount of time needed to complete the practical examination, please make note of the amount of time needed to complete the practical exam to make sure you allow enough time to complete the practical exam before the scheduled written exam time. The written may then be scheduled by selecting "NIC NC Theory" from the drop down box and then select the location, date and exam time.

You must schedule your written and practical examination within 6 months of your approval and your examination fee will expire.

Candidates may reschedule the written or practical examination if desired 5 days prior to the scheduled exam date by calling IQT at 1-866-773-1114. The fee to reschedule either examination is \$25.00.

EXAMINATION FEE POLICY

Examination fees are not refundable or transferable and will be applied to the scheduled examination. Examination fees are valid for 6 months from date of receipt. Your examination date must be prior to the 6 month expiration of your examination fee.

If you do not attend your scheduled examination, cannot be admitted, or if you arrive late, your examination fee will be forfeited. To be rescheduled you must submit a rescheduling application and another examination fee.

If you are unable to attend your scheduled examination due to an emergency situation, you must provide written documentation. The following situations may be considered for rescheduling:

- You are in a car accident on the way to the examination - documentation from a law enforcement officer is required.
- You have a medical emergency - documentation from a medical professional is required.
- A death in your immediate family – a copy of the obituary indicating your relation or a letter from the funeral home stating your relation to the deceased.

Documentation must be faxed to 207-848-5511 within 24 hours after your scheduled examination for review. If approved, you will be notified and permitted to reschedule your examination. Examinations may be rescheduled one time only due to a documented and approved emergency situation.

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ADMISSION TO THE EXAMINATION INFORMATION

Practical exam admission letters will be mailed after the deadline date. This letter will confirm the scheduled examination. It will also include the date, time, location and directions for your examination.

Report to the practical examination site on the date and time indicated on your admission letter. Registration begins 30 minutes prior to the scheduled examination time. Examinations begin promptly at the scheduled time. Please allow for unexpected delays on route to the testing location, it is your responsibility to report to the examination location on time. Late candidates will be required to re-apply and re-pay the examination fee. **You must present your admission letter and a valid government issued photo identification that must include a photo and signature.**

The following are examples of appropriate forms of identification:

- Government-issued Photo Identification
- Current driver's license or State Issued Identification Card
- Passport, Military Identification Card or Voter's Card

Candidates will not be admitted without the required documents. Walk-in candidates will not be admitted.

The name submitted on the applications will be indicated on your admission letter. Please verify that your name, address, photo identification number and date of birth is correct on your admission letter **PRIOR** to your scheduled examination. Please make any necessary corrections on your admission letter and fax to our office or send an e-mail with the needed corrections to Support@DLRoope.com. Please include a fax number or e-mail address and our office will verify the corrections and send a corrected admission letter.

If your name has changed or is different than indicated on your admission letter, you must submit legal documentation showing your previous name and current name (marriage license, divorce decree, court order, or notarized affidavit) to D.L. Roope Administrations **PRIOR** to your scheduled examination. Our office will verify the changes and send an updated admission letter.

TESTING SITE VISITOR POLICY

NO VISITORS WILL BE ALLOWED AT THE TESTING SITE. Candidates are not allowed visitors or to receive messages during the exam.

People that are not scheduled for an examination are not permitted inside of the building where the exams are administered. If another person (parent, spouse, teacher etc.) is bringing you to your exam, you must be dropped off and they can return to pick you up. The approximate amount of time for each exam is indicated in this handbook in the section titled "EXAMINATION SECTIONS". Your driver should wait in their vehicle until you are done and have exited the building.

PROFESSIONAL ATTIRE INFORMATION

Candidates must arrive in neat, clean, **professional** attire. Uniforms are not required. For confidentiality reasons, please cover all identifying marks on your attire or kit. (e.g. your name, school or salon name).

In consideration of other candidates in the examination room, please refrain from wearing perfume or cologne.

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KIT & SUPPLY INFORMATION

Candidates are responsible for bringing all needed supplies for their examination and cannot borrow or use anything that they did not bring with them. A suggested supply list is included in the NIC Candidate Information Bulletin (CIB) that is included with this handbook.

Recommended kit size is no larger than 30" x 30". For safety reasons all kits, trash bags, etc. must be able to fit completely under your work area.

A flat bottom bag (grocery bag, gift bag, etc.) may be used for "items to be disinfected, soiled linens and trash" and placed on the floor, under the station and clearly labeled. The bags or containers on the floor may be open during the examination so that the candidates can drop items as appropriate into each bag. Bags or containers **MUST** be kept under the work area and cannot be placed in the walking areas. If placing a container with "Items to be Disinfected" on the work area, it **MUST** have a cover.

Candidates are not permitted to use aerosol products at any time during the examinations. All disinfectants, sanitizers and products **MUST** be non-aerosol.

Candidates may bring a container of water if needed for any section of the examination and may bring a thermos of hot water if desired. All water and their containers must be taken with the candidates and may not be disposed of at the testing facility.

Candidates **MUST** use only disinfecting wipes during the practical examinations. Spray Disinfectants are **NOT** permitted.

PROHIBITED ITEMS - NOT ALLOWED

Due to exam security reasons, the following items are **NOT** permitted: No electronic devices, cellular phones, textbooks, study materials, watches, purses, etc. These items should be left at home or locked in your vehicle during the examinations. Cell phones or any electronic device cannot be in the exam room even if it is turned off. **If it is discovered that you have a cell phone in the exam room once the exam has started, you will be immediately dismissed from the exam and your actions will be reported to the proper authorities.**

You may bring one clear plastic ziplock bag with the following items into the examination rooms: Photo identification, admission letter, medication & personal hygiene items. You will be instructed to place your zip lock bag under your work area and it may not be touched during the examination. If you have medication that you may need during the examination, please raise your hand and a proctor will assist you. You may bring a second clear ziplock bag with car keys or fob that will be placed in a secure area by the Supervisor.

Due to safety issues during the examinations, tripods may **NOT** be used during the Cosmetology or Esthetics practical examinations. Candidates may only use mannequin stands that attach to the work station. Instructors may use a tripod during their Theory Lecture or Demonstration as this does not cause a safety issue.

Candidates **MUST** use only disinfecting wipes during the practical examinations. Spray Disinfectants are **NOT** permitted.

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MANNEQUIN INFORMATION

Candidates are required to bring one mannequin hand for the practical examination. It is the candidate's responsibility to come prepared for the examination. Prior to reporting to the examination candidates **MUST** apply a set of nails to the mannequin hand. The artificial nails must cover the entire nail bed of each finger. Mannequin hands with digital fingers (trainer hands) are **NOT** permitted during the examination. **Models will not be permitted.**

Mannequin hands must be approved by the examination provider prior to admittance into examination.

REFERENCES

Examination textbook references are available on the NIC website at www.NICTesting.org.

EXAMINATION SECTIONS

The Nail Technician examination consists of 2 sections.

1. National NIC Nail Technician Written Examination

The time allotment for this examination is 90 minutes.

2. National NIC Nail Technician Practical Examination

The duration of this examination is approximately 3 hours.

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NAIL TECHNICIAN PRACTICAL EXAMINATION SECTIONS

The examination sections of the NIC Nail Technician practical examination are outlined in the NIC Candidate Information Bulletin (CIB) that is included with this handbook. The duration of this examination is approximately 3 hours.

The North Carolina practical exam consists of the following sections as indicated in BOLD and CAPS:

- 1. WORK AREA AND CLIENT PREPARATION, AND SET UP OF UNIVERSAL SUPPLIES**
- 2. MANICURE AND POLISH APPLICATION**
- 3. WORK AREA AND NEW CLIENT PREPARATION, AND SET UP OF SUPPLIES**
- 4. NAIL TIP APPLICATION AND BLENDING**
- 5. SCULPTURED NAIL**
- 6. REMOVAL OF SCULPTURED NAIL**
- 7. BLOOD EXPOSURE PROCEDURE**

This practical examination is demonstrated on mannequins, models are **NOT** permitted. Please refer to the mannequin information section of this Candidate Handbook for the requirements in your state.

EXAMINATION SURVEY INFORMATION

Examination surveys are available for candidates to complete after the exam has concluded. We encourage all candidates to complete a survey regarding their testing experience.

Please note that the examiners are not permitted to have conversations with or interact with the testing candidates. This should not be interpreted as them being rude as they are required to strictly follow standardized verbal instructions and procedures at all times.

If you have questions or need assistance, you may also send an e-mail to support@DLRoope.com.

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NORTH CAROLINA SCORING INFORMATION

A scaled score of 75.00 is required on the written and practical examination. Candidates must achieve an overall passing score on each examination in order to be assigned a pass status on that examination. No pass or fail decisions are made on individual content areas or services within the examinations. If a candidate fails one of the examinations, the candidate is required to retake the failed examination in its entirety.

In the event a candidate fails an examination 3 times, they are required to obtain additional school hours. It is the candidate's responsibility to keep track of the number of times they have taken the examination. In the event a candidate re-applies and retakes the examination a 4th time without obtaining additional school hours the score will be void.

NORTH CAROLINA EXAMINATION RESULT INFORMATION

If you indicated on your application that you will download a copy of your result letter from our website, our web address is www.DLRoope.com. A message will be posted on the website when the result letters are available, please allow up to 3 business days. **Please do not call our office to ask when examination results will be posted as they will be posted as soon as we have received them from the National Interstate Council of State Boards of Cosmetology.**

This is a secure website and you will need your candidate number and your date of birth to access your result letter. Your candidate number will be sent with your admission letter. You will not be able to log in until the result letters are posted.

If you are unable to log onto our website, please check the message center to see if a message has been posted that the results are available. You will not be able to log into the webscore system until after your results have been posted. Please read all instructions on the website to ensure that you are entering your information correctly. **You must have the most current version of Adobe Acrobat PDF Reader to view and print your result letter. Adobe may be downloaded from our website at www.DLRoope.com.**

Please print a copy of your result letter as you will not receive an additional copy in the mail. **Result letters are only available on the webscore system for 2 weeks after posting.** Your test results will be sent directly to the Board.

If you do not have access to the internet and you need your result letter mailed to you, please check the appropriate box on the application. If your result letter is mailed to you, it will **NOT** be available on our website to view or print.

Candidates that have passed all required examinations and have met all requirements of the Board will be issued a license by the Board. Please refer to the result letter for instructions regarding your license.

If you have failed your examination, you will receive a result letter with review information. This review information can be used to assess those areas where your performance was weak or strong. Please refer to this Candidate Information Bulletin (CIB) for the list of tasks that are evaluated. Candidates will need to complete and submit a rescheduling application and fee to D.L. Roope Administrations at the address listed on the application.



NATIONAL NAIL TECHNOLOGY PRACTICAL EXAMINATION
NORTH CAROLINA

CANDIDATE INFORMATION BULLETIN (CIB)

EXAMINATION CONTENT AND IMPORTANT ADMINISTRATION INSTRUCTIONS

Please visit www.DLRoope.com for the most current bulletin prior to testing.

The National Nail Technology Practical Examination is the licensure examination for Nail Technology, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains **IMPORTANT INFORMATION** regarding the NIC National Nail Technology Practical Examination content and Administration for Nail Technology core services.

For each NIC National Nail Technology Practical Examination, there are two parts to every Candidate Information Bulletin (CIB) stored as separate documents. Go to www.dlroope.com for a current downloadable copy of each of the following:

- **Important Instructions and Examination Core Domain Content**– This contains information and guidelines related to administration of the Practical examination and information about the scope of content covered in the core sections of the Practical examination.
- **References** – This is a list of references used to develop and support the content covered in NIC examinations.
The references will always be the same for both Theory and Practical examinations.

BE CERTAIN TO DOWNLOAD AND/OR PRINT AND REVIEW ALL DOCUMENTS THAT MAKE UP THE NIC EXAMINATION CIB.

PLEASE REVIEW ALL INFORMATION CAREFULLY!

IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. **Picture ID is required for re-entry into the examination.**
- Candidates are required to bring a supply kit for their own use.
 - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
 - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed, except when removing materials for a particular service.
 - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
 - All examinations are administered in a testing environment.
 - Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.
 - **EPA registered, disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be used. DISINFECTANT SPRAYS ARE NO LONGER ALLOWED IN THE TESTING ENVIRONMENT.**
- Due to standardization of the NIC National Examinations, proctors and examiners are required to adhere to the following standards:
 - The verbal instructions will be read twice for each section of the examination.

NIC National Nail Technology Practical Examination

- With the exception of verbal instructions, the proctors are not allowed to communicate with candidates.
- Examiners are not allowed to speak with candidates.

Candidates requesting information during the examination will be told one of the following statements:

- “Do the best you can with what you have available.”
- “Do as you were taught.”

- If a candidate experiences an emergency, please notify the proctor by raising your hand.
- Candidates will be given time to set up the universal (also known as general) supplies they will use throughout the examination.
 - Each section of the examination has a maximum time allowance, with the exception of those specified as untimed sections.
 - Once candidates have completed all tasks in the section, please step back or turn the hand toward the examiner (in the case of nail sections) to indicate they have finished.
 - In the event that all candidates complete a section before the time has elapsed, the examiners will proceed to the next section of the examination.
 - When the timer goes off, all candidates must stop working and step back or turn the hand toward the examiner (in the case of nail services) IMMEDIATELY.
- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
 - In the event of a blood exposure incident, candidates will be expected to follow the NC Blood Exposure Procedure.

Failure to do so may result in your dismissal from the examination.

- *Be sure to visit www.DLRoope.com to obtain the most current version of, and any addendums, to the NC Blood Exposure Procedure.*
- **If a candidate does not follow infection control procedures, or allows the work area to become and remain unsafe, the result may be a failing score for the examination.**
- The following provides examples of materials and actions that are prohibited during the examination administration:
 - Possession of cellular phones, watches (of any kind), pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination are not allowed.
 - Exhibiting disruptive behavior.
 - Communicating to other candidates or any examiner.
 - *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in the immediate dismissal from the examination and the candidate’s actions reported to the proper authorities.*
- **All supplies must be labeled in English.** When an original manufacturer’s label is required, there can be NO handwritten or any other type of labeling. Original manufacturers’ labels must have English and may also include other languages. All non-manufacturers created labels must be only in English.
 - Original manufacturer’s labels are *required* for all disinfectants and hand sanitizers.
 - **EPA-registered disinfectant WIPES that demonstrate bactericidal, fungicidal, and virucidal properties must be used. DISINFECTANT SPRAYS ARE NO LONGER ALLOWED IN THE TESTING ENVIRONMENT.** Please refer to the “*Suggested Examination Supplies*” section for specific requirements for supplies and products.
 - Simulated products are *not* allowed for disinfectants and hand sanitizers.
 - **NO AEROSOLS OR DISINFECTANT SPRAYS** are allowed in the testing environment.
 - Candidates **MUST** wear gloves when using disinfectant.

NIC National Nail Technology Practical Examination

- Candidates are to perform all tasks, utilizing products and supplies, as they were taught. There is, however, a section titled “*Suggested Examination Supplies*” provided following the “Content Domains” section of this bulletin for items that a candidate may *possibly* utilize in a section.

NIC MANNEQUIN HAND REQUIREMENTS

North Carolina requires that you use a mannequin hand(s):

- North Carolina candidates are required to use a mannequin hand(s). It is the candidate’s responsibility to come prepared for the examination.
- Mannequin hands must be an entire hand and cannot have removable digits.
- Mannequin hands must be approved by the examination state/vendor prior to admittance into examination.

SPECIAL ATTENTION!

The following information is vital and specific to the
NIC National Nail Technology Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. Candidates are ***required*** to bring and use the following supplies for the appropriate disposal of materials:
 - Container labeled “**To be disinfected**”
 - Container labeled “**Soiled linens**”
 - Container labeled “**Trash**”
- It is specified that there is ***more than one client*** represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Nail Technology Practical Examination Content Domains Sections).
- The following section is ***new*** to the Nail Technology Practical Examination:
 - Removal of Sculptured Nail (Content Domain Section 6)
- Candidates are not allowed to label products as single-use items.
- ***Monomer must be low-odor/less-odor and factory sealed in its original container with manufacturer’s label.***
- ***Polymer must be in its original container with manufacturer’s label.***
- ***Primer (if used) must be in original container with manufacturer’s label.***
- Candidates ***MUST*** wear gloves when using disinfectant.

NAIL TECHNOLOGY PRACTICAL EXAMINATION CONTENT DOMAIN SECTIONS

The scope of the National Nail Technology Practical Examination includes 7 (seven) core domain sections. The Core Domain Sections are based on the national job analysis.

1. **Work Area Preparation, Client Preparation, and Set Up of Supplies** (15 minutes)
2. **Manicure and Polish Application** (20 minutes)
3. **Work Area and *New* Client Preparation, and Set Up of Supplies** (10 minutes)
4. **Nail Tip Application and Blending** (20 minutes)
5. **Sculptured Nail** (20 minutes)
6. **Removal of Sculptured Nail** (20 minutes)
7. **Blood Exposure Procedure** (Individually Timed, 5 minutes per candidate)

CONTENT DOMAINS

1. WORK AREA PREPARATION, CLIENT PREPARATION, AND SET UP OF SUPPLIES (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare your work area for your client.”

“You will set up the universal supplies you will use throughout the examination.”

“You will also set up the supplies for the manicure and polish application.”

“You will prepare your client for the services.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 1.1 Disinfects all work areas completely with product labeled in English as EPA-registered bactericidal, virucidal, and fungicidal disinfectant**
- 1.2 Sanitizes hands with product labeled in English**
- 1.3 Universal supplies are labeled in English**
- 1.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working.”

2. MANICURE AND POLISH APPLICATION (20 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform a manicure and polish application.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 20 minutes to complete this section.”

“You will be informed when you have 10 minutes remaining.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 2.1 Manicure supplies are labeled in English
- 2.2 Implements and supplies are visibly clean
- 2.3 Performs a basic manicure
- 2.4 Prepares nails and applies RED nail polish

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working. Please do nothing until the next verbal instructions are given.”

2.5 Final appearance of the manicure

2.6 Final appearance of polish application

Examiner – Verbal Instructions: Read to each candidate individually after the final appearance of nails have been examined:

“Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:

“All examiners have indicated they are ready to proceed.”

“You will remove the polish from the nails and properly dispose of supplies used in the previous section of the examination.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 5 minutes to complete this section.”

“You will be informed when you have 2 minutes remaining.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

2.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working.”

Proctor – Verbal Instructions: Read when all examiners have indicated they have completed their assessment.

“Examiners please rotate at this time.”

3. WORK AREA AND NEW CLIENT PREPARATION, AND SET UP OF SUPPLIES (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will prepare your work area for a NEW client.”

“You will set up the universal supplies you will use for the remainder of the examination.”

“You will also set up for the following sections of the examination:

Nail Tip Application and Blending

Sculptured Nail Service

Removal of Sculptured Nail”

“You will prepare your client for the services.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 3.1 Disinfects all work areas completely with product labeled in English as EPA-registered bactericidal, virucidal, and fungicidal disinfectant**
- 3.2 Sanitizes hands with product labeled in English**
- 3.3 Universal supplies are labeled in English**
- 3.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working.”

4. NAIL TIP APPLICATION AND BLENDING (20 minutes)

Proctor – Verbal Instructions: Read to all candidates:

(Note to Proctor - Choose any finger)

“You will perform nail tip application and blending.”

“You will apply the nail tip to the _____ finger.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 20 minutes to complete this section.”

“You will be informed when you have 10 minutes remaining.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 4.1 Nail tip application and blending supplies are labeled in English
- 4.2 Implements and supplies are visibly clean
- 4.3 Prepares for nail tip application
- 4.4 Selects full-well tip and attaches to nail plate of assigned finger
- 4.5 Trims, shapes, and blends nail tip

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working. Please do nothing until the next verbal instructions are given.”

- 4.6 Final appearance of finished nail tip

Examiner – Verbal Instructions: Read to each candidate individually after the final appearance of nails have been examined:

“Please do nothing until the next verbal instructions are given.”

- 4.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:

“All examiners have indicated they are ready to proceed.”

5. SCULPTURED NAIL (20 minutes)

Proctor – Verbal Instructions: Read to all candidates:

(Note to Proctor - Choose any finger)

“You will sculpt a nail on the _____ finger.”

“You must use a manufacturer sealed, low-odor/less-odor product.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 20 minutes to complete this section.”

“You will be informed when you have 10 minutes remaining.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 5.1 Sets up sculptured nail supplies. Products *MUST* be in original container and have manufacturer’s label in English**
- 5.2 Implements and supplies are visibly clean**
- 5.3 Prepares nail plate for sculptured nail**
- 5.4 Sculpts a nail to extend the free edge of assigned finger**
- 5.5 Shapes, contours, and finishes sculptured nail**

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working. Please do nothing until the next verbal instructions are given.”

5.6 Final appearance of sculptured nail

Examiner – Verbal Instructions: Read to each candidate individually after the final appearance of nails have been examined:

“Please do nothing until the next verbal instructions are given.”

5.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:

“All examiners have indicated they are ready to proceed.”

6. REMOVAL OF SCULPTURED NAIL (20 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform a removal of the sculptured nail.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 20 minutes to complete this section.”

“You will be informed when you have 10 minutes remaining.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

6.1 Sculptured nail removal supplies are labeled in English

6.2 Implements and supplies are visibly clean

6.3 Removes sculptured nail

6.4 Smooths and finishes the natural nail

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working. Please do nothing until the next verbal instructions are given.”

6.5 Final assessment of sculptured nail removal

Examiner – Verbal Instructions: Read to each candidate individually after the final appearance of nails have been examined:

“Please do nothing until the next verbal instructions are given.”

6.6 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:

“All examiners have indicated they are ready to proceed.”

7. BLOOD EXPOSURE PROCEDURE (Individually Timed, 5 minutes per candidate)

Proctor – Verbal Instructions: Read to all candidates:

“You will demonstrate the blood exposure procedure.”

“You will imagine the following scenario: During a service, you have sustained a minor cut to your index finger. The injury is such that you can continue with the service. The injury has not yet contaminated your work area or the client. You are expected to demonstrate the proper procedure for a blood exposure.”

“You are expected to follow all client protection, safety and infection control procedures.”

“You will be instructed individually by the examiner to demonstrate the Blood Exposure Procedure.”

“You will have 5 minutes to complete this section.”

“You will be informed when you have 2 minutes remaining.”

“Do not begin to demonstrate the Blood Exposure Procedure until instructed individually by the examiner to do so.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) “The instructions will be repeated.”

Examiner – Verbal Instructions: Read to each candidate individually:

“Please demonstrate the Blood Exposure Procedure.”

Candidates will be evaluated on the following tasks:

- 7.1 First aid supplies and materials are labeled in English
- 7.2 Removes materials from first aid kit
- 7.3 Supplies and materials are visibly clean
- 7.4 Cleans injured area with antibiotic
- 7.5 Covers injury with dressing that is absorbent and secured
- 7.6 Disposes of all contaminated supplies
- 7.7 Candidate protects injury with glove or finger cot

Examiner – Verbal Instructions: Read to each candidate individually:

“Please do nothing until the next verbal instructions are given.”

NORTH CAROLINA BLOOD EXPOSURE PROCEDURE

At the NC State Board practical exam site candidates do not have access to a sink for handwashing. During the examination parts of the procedure must be demonstrated as you're a mock performance to show knowledge of the correct steps. At all exams candidates will be required to do blood exposure on oneself as follows:

- Stop the service. If a real blood exposure occurred during the NIC practical exam the candidate would do this step.
- Explain situation to client and excuse him- or herself. During the NIC practical exam candidates will not demonstrate this part.

NORTH CAROLINA BLOOD EXPOSURE PROCEDURE CONTINUED

- Proceed to the handwashing area equipped with first aid supplies. During the NIC practical exam candidates will not demonstrate this part.
- Wash your hands with soap and running water and dry with a disposable towel. (If punctured area is on the hand you would combine hand washing with washing the punctured area) During the NIC practical exam candidates will not demonstrate this part.
- Wash the punctured area with soap and running water and dry with a disposable towel. Wash hands using hand sanitizer as soap and running water are not available, then dry with a disposable towel.
- Place the disposable towel in the waste container.
- If cut is still bleeding apply pressure over the wound with a disposable towel. (Once removed must be immediately placed in the waste container) If a candidate is truly cut self-perform do this step, if not go to the next step.
- Remove adhesive bandage and antibiotic cream from first aid kit.
- Apply an adhesive bandage and/or antibiotic cream to the cut. During exam candidates must do both.
- Place all single-use items in waste container. Do not put on the station or in a zip lock bag, immediately drop them into the waste container.
- Apply protective gloves
- Remove implements from work station, then properly clean and disinfect implements.
- Clean and disinfect station.
- Remove gloves from hands and dispose immediately in waste container.
- Wash hands with soap and running water, keeping the bandage dry. Wash hands using hand sanitizer as soap and running water, then dry with a disposable towel.
- If the injured area is on the hands, fingers or thumb apply disposable, protective gloves or a finger guard ensuring the injured area is covered. If a real blood exposure occurred during the NIC practical exam candidates would demonstrate this step.
- Return to service. If a real blood exposure occurred during the NIC practical exam candidates would demonstrate this step.

CANDIDATE SUMMARY AND FINAL CLEANUP

Proctor - Verbal Instructions: Read at the conclusion of the examination:

“All examiners have indicated they have completed their assessment.”

“Make sure that all kit supplies and disposable materials are taken with you.”

“This concludes the National Interstate Council of State Boards of Cosmetology, National Nail Technology Practical Examination.”

“Thank you for your participation.”

SUGGESTED EXAMINATION SUPPLIES

Information related to labeling of supplies:

- ALL supplies must be labeled in English
- Original manufacturers' labels MUST have English and may be multi-language
- All other created labels must be only English

SUGGESTED SUPPLIES

- acetone/polish remover
- adhesive
- base coat
- buffer(s)
- candidate supply kit to serve as dry storage area (must be closeable)
- container labeled "items to be disinfected"
- container labeled "soiled linens"
- container labeled "trash"
- cotton
- cuticle pusher
- cuticle softener
- dappen dish(es)
- EPA-registered disinfectant wipes with manufacturer's label that demonstrate bactericidal, fungicidal, and virucidal properties must be used (must be actual disinfectant wipes)
- finger bowl with water
- first aid kit
- foil removal wraps
- gloves
- hand sanitizer with manufacturer's label (must be real product)
- mannequin hand(s) with artificial nails attached (must be entire hand; cannot have removable digits.)
- massage product
- nail brush
- nail cleanser
- nail clipper and/or tip trimmer
- nail file(s)
- nail form(s)
- nail tips
- oil
- paper towels
- red polish
- sculptured nail brush
- sculptured nail products – monomer, polymer
Monomer must be low-odor/less-odor and factory sealed in its original container with manufacturer's label.
Polymer must be in its original container with manufacturer's label.
Primer (if used) must be in original container with manufacturer's label.
- top coat
- towel(s)